

**Interboro School District**

**Parent/Guardian Selected Resources**

* Agencies Supporting Secondary Transition (pages 2-3)
* Autism Support Groups (page 4)
* Mental Health Resources - Free/Low Cost/Medicaid (page 5)
* Help Hotlines (page 6)
* Mental Health Resources - Private Insurance (page 7)
* Partial Hospitalization Resources (page 8)

**Agencies Supporting Secondary Transition**

**AHEDD**

**Southeastern PA**

**Greater Philadelphia Area**

Serving Bucks, Delaware, Montgomery, Philadelphia Counties

Physical Address: 115 West Avenue Ste. 116

Jenkintown, PA 19046

Mailing Address: P.O. Box 2127

Jenkintown, PA 19046

Phone (215) 885-2060

Fax (215) 885-4649

Toll Free (866) 902-4333

Email: melinda.steward-cobbs@ahedd.org

Website: <https://www.ahedd.org/>

**The ARC of Delaware County**

740 S.Chester Road, Suite G

Swarthmore, PA 19081

610-544-6600

610-544-8916 (fax)

Website: <http://www.thearcofdelco.org>

<https://www.delcoadvocacy.org/>

**ASERT (Autism Services, Education, Resources, and Training)**

M-F 8:00 AM to 5:00 PM EST

1-877-231-4244

[www.paautism.org](http://www.paautism.org)

Email: info@paautism.org

**Best Buddies Pennsylvania**

Best Buddies International

Note: Philadelphia or Pittsburgh

100 Southeast Second Street, Suite 2200

Miami, FL 33131

Philadelphia Office

pennsylvania@bestbuddies.org

640 Freedom Business Center, Suite 115

King of Prussia, PA 19406

Phone: 888.604.7376

<https://www.bestbuddies.org/pennsylvania/>

**Bureau of Autism Services-Office of Developmental Programs**

Department of Human Services

Office of Developmental Programs, Bureau of Bureau of Supports for Autism and Special Populations;

P.O. Box 2675; Harrisburg, PA 17105

1-866-539-7689

<https://www.dhs.pa.gov/contact/DHS-Offices/Pages/ODP-Bureau%20of%20Autism%20Services.aspx>

**Bureau of Children’s Behavioral Health Services**

Scott Talley, Director

P. O. Box 2675

Harrisburg, PA 17105-2675

Receptionist: 717-705-8289

Fax: 717-705-8268

<https://www.dhs.pa.gov/contact/DHS-Offices/Pages/OMSHAS-Childrens%20Behavioral%20Health%20Services.aspx>

**Career Link**

701 Crosby ST Ste B

Chester, PA 19013

610-447-3350/TTY: 610-619-3776

901 Media Line Rd.

Media, PA 19063

610-723-1220 /TTY: 610-359-5020

[PA CareerLink - WELCOME TO PA CAREERLINK](https://www.pacareerlink.pa.gov/jponline/)

**Delaware County Assistance Office-Long-Term Living Services**

701 Crosby Street, Suite A

Chester, PA 19013-6099

Phone: 610-447-5500 (VM)

LIHEAP 610-447-3099

FAX: 610-447-5399

[County Assistance Office](https://www.delcopa.gov/departments/countyassistance.html)

<https://delcopa.gov/departments/countyassistance.html>

**Delaware County Social Security Office**

**Upper Darby Office**

8645 W Chester Pike

Upper Darby, PA 19082

866-964-0780

**Chester Office**

807 Crosby St.

Chester, PA 19013

866-398-1456

1-800-772-1213

<https://www.socialsecurityoffices.info/co/pa-delaware>

**Department of Human Services, IDD Division**

20 S 69th St., 4th Floor

Upper Darby, PA 19082

1-610-713-2400 / 484-729-4200

humanservices@delcohsa.org

**Department of Human Services, Mental Health Division and IDD**

20 S 69th St., 3rd Floor

Upper Darby, PA 19082

1-610-713-2365

humanservices@delcohsa.org

**Freedom Valley Disability Enablement**

3607 Chapel Road, Suite B

Newtown Square, PA 19073

Phone: 610-353-6640

Fax: 610-353-6753

<http://www.fvdc.net/>

Email: FVDC-CIL@msn.com

**Medical Assistance Application (online)** <https://www.compass.state.pa.us/compass.web>

**Office of Behavioral Health-Division of Mental Health, Transition-Age Youth**

20 S 69th St., 3rd Floor

Upper Darby, PA 19082

1-610-713-2365

<https://www.delcohsa.org/>

<https://www.delcohsa.org/behavioralhealth.html>

<https://www.delcohsa.org/mh_transitionageyouth.html>

**Office of Intellectual Developmental Disabilities (OIDD)**

20 S 69th St., 4th Floor

Upper Darby, PA 19082

1-610-713-2400

Email: humanservices@delcohsa.org

<https://www.delcohsa.org/intellectualdisabilities.html>

**Office of Vocational Rehabilitation (OVR)**

Vocational Rehabilitation Services

1875 New Hope Street

Norristown, PA 19401

484-250-4340 Voice

484-250-4357 TTY

800-221-1042\* Voice

888-616-0470\* TTY

**PA Elks Home Services Program**

Delaware, Philadelphia Counties

Pam Miller, LPN

Serves Chester, Lancaster, Delaware Counties

Office Phone: 717-368-2324

<http://www.paelkshomeservice.org/>

**Children First (Formerly Public Citizens For Children and Youth)**

Child Healthwatch Helpline: 215-563-5848 x 17

990 Spring Garden Street | Suite 200 | Philadelphia, PA 19123

PH: 215-563-5848

FAX: 215-563-9442

info@childrenfirstpa.org

<https://www.childrenfirstpa.org/>

**The PEAL Center**

[www.pealcenter.org](http://www.pealcenter.org)

info@pealcenter.org

866-950-1040 Toll Free

412-281-4404

215-567-6143

**SEPTA: PA**

Riders with Disabilities are eligible for reduced fare travel on Transit and 50% off the Weekday fare for travel on Regional Rail when they present one of the following forms of identification:

SEPTA Key Reduced Fare Card (photo ID)

<https://www.septa.org/fares/discount/disabled.html>

June 25, 2020: Fare Restructuring Plan

<https://www5.septa.org/media/news/septa-board-approves-fare-restructuring-plan/>

**Special Olympics Pennsylvania – Delaware County**

P.O. Box 1202

Havertown, PA 19083

Program Manager – Sean Gallagher

Email: manager.sopadelco@gmail.com

Website: <https://sopadelco.org/>

**Social Security**

Application: <https://www.ssa.gov/>

Online Services:

<https://www.ssa.gov/onlineservices/>

Phone: 1-800-772-1213

TTY: 1-800-325-0778

Fax: 1-833-950-3517

Chester: 807 Crosby St, Chester, PA 19013

Upper Darby: 8645 West Chester Pike, Upper Darby, PA 19082

**Autism Support Groups**

**Autism Connection of PA**

<https://autismofpa.org/>

Phone: 412-995-5000

Email: help@autismofpa.org

Address: 711 Bingham Street

Pittsburgh, PA 15203

**ASCEND Group Inc.**

<https://www.ascendgroup.org/>

PO Box 2097

Media, PA 19063

Telephone: 610-449-6776

**ASERT PA**

<https://paautism.org/>

Email: info@paautism.org

Phone: 877-231-4244

**Autism Research Institute**

4182 Adams Avenue

San Diego, CA 92116

Phone: 833-281-7165

Email: info@autism.org

<https://www.autism.org/>

**CAP 4 Kids**

<https://cap4kids.org/>

Reliable, up-to-date information about
resources in the Philadelphia area

**Child and Family Focus**

[www.childandfamilyfocus.org](http://www.childandfamilyfocus.org)

Broomall Office

450 Park Way Drive

Suite 208

Broomall, PA 19008

Phone: (610) 325-3131

Fax: (610) 325-3137

*Programs: Delaware County High Fidelity Wraparound, Delaware County Respite, On My Way, Drug and Alcohol Prevention Program, Peer Support Services, and Transition to Independence Process*

**Pennsylvania Education For All Coalition (PEAC)**

[www.paedforall.org](http://www.paedforall.org)

718 Arch Street, Philadelphia, PA 19106

(267) 232 – 0570

info@paedforall.org

**Special Kids Network**

<https://www.health.pa.gov>

Phone: 1-800-986-4550

Unit 32 – Twanna Vann – Southeast Region

Phone: 814-270-5618

Email: tvann@paelkshomeservice.org

**Mental Health Resources**

(Free/Low Cost/Medicaid)

**Crozer Chester Medical Center-**

**Community Campus -**

Phone: 610-619-8700

301 W. 15th St. Building A, First Floor

Chester, PA 19013

610-619-8700

[www.crozer.org](http://www.crozer.org)

<https://www.crozerhealth.org/community>

<https://www.crozerhealth.org/behavioral-health>

Crozer Chester Medical Center:

Phone (610) 447-7600

1 Medical Center Blvd Upland PA

24-hour Psychiatric Crisis Walk in service

Crisis Hotline: (610) 447-7600

Addiction Recovery Services: 610-619-8600

Mental Health Services: 610-619-8700

**Child Guidance Resources Center (CGRC)**

Access Center (intake): 484-454-8700

2000 Old West Chester Pike

Havertown, PA 19083

[www.cgrc.org](http://www.cgrc.org)

**Counseling & Psychological Services**

<https://www.widener.edu/student-experience/student-success-support/counseling-psychological-services>

On-campus Counseling and Psychological Services

522 E. 14th Street, Chester, PA 19013

610-499-1261

After-hour emergencies, contact 610-499-4200

jlhorowitz@widener.edu

**Family and Community Services of Delaware County**

Phone: (610) 566-7540

600 N. Olive Street

Media, PA 19063

<https://www.fcsdc.org/>

**Lower Merion Counseling & Mobile Services**

850 W. Lancaster Ave., 2nd Floor

Bryn Mawr, PA 19010

Phone: 610-520-1510

Fax: 610-520-1517

Email: courtney.reed@rhd.org

LMCMSintake@rhd.org

Website: <https://www.rhd.org/LMCMS/>

Accepts MA and some CHIP insurances. Offers individual and group MH treatment for youth.

**Merakey - Delaware County**

Intellectual and Developmental Disabilities Services

620 Parkway Blvd

Broomall PA, 19008

Phone: 610-557-4740

Adult Behavioral Health Services, Addiction Recovery Services, Children & Family Services

800 Chester Pike

Sharon Hill, PA 19079

Phone: 610-534-3636

(also several locations in Philadelphia)

<https://www.merakey.org/>

Email: contact@merakey.org

**Peter’s Place: A Center for Grieving Children and Families**

336 King of Prussia Road, Radnor, PA 19087

Office Hours: 9:00am-5:00pm Monday-Friday

Phone: (610) 687-5150

Email: info@petersplaceonline.org

Website: <https://petersplaceonline.org/>

The Mission of Peter’s Place is to provide safe and supportive environments for grieving children and families, and to foster understanding of the effects of death and grief.

**Thriveworks Counseling & Psychiatry Media**

<https://thriveworks.com/media-counseling/>

600 N Jackson St Suite 300

Media, PA 19063

(610) 808-9923

**Widener Child Therapy Clinic**

Phone: 610-499-1204

Located at Widener University

1728 Walnut Street, Chester, PA 19013

Email: WCTC@widener.edu

<https://www.widener.edu/about/campus-community-resources/clinics-centers/child-therapy-clinic>

Low cost counseling by doctorate level interns, supervised by licensed clinical faculty.

Sliding scale fee

**Help Hotlines**

**Crisis Connection**

(Behavioral Health Mobile Crisis Service)

855-889-7827

Delaware County 24 hr. behavioral health crisis hotline/mobile crisis outreach services.

Available 24 hours a day, 7 days a week

\* Must have parent permission to call for students 13 and under.

**Chimes Family of Services**

**Holcomb Behavioral Health Systems**

<http://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/>

126 E. Baltimore Pike

Gayley Square Media, PA 19063

Phone: 484-444-0412

**Domestic Abuse Project of Delaware County**

[www.dapdc.org](http://www.dapdc.org)

24-hour hotline 610-565-4590

14 West Second Street Media, PA 19063

610-565-6272

info@dapdc.org

**TEEN Line**

800-852-8336 (Toll-free nationwide)

Text TEEN to 839863

<https://teenlineonline.org/>

**Raising the Future**

**(Parents Anonymous)**

<https://www.raisingfuture.org/>

Call us at 855-427-2736 or email us at info@caparentyouthhelpline.org

**Delaware County Warm Line**

Phone: 855-464-9342

<http://namipadelco.org/>

Offers an empathetic ear, support and advice

**Mental Health Resources**

(Private Insurance)

**Building Bridges**

A Center for Healing and Change

36 & 42 East Front Street

Media, PA 19063

610-566-4011

Multi-specialty practice offering individual, family, group treatment

<https://www.buildingbridgesmedia.com/>

**CBT Center for Anxiety and OCD**

Chesley Office Campus

107 Chesley Drive, #2

Media, PA 19063

(610) 529-1875

<https://cbtcenterforanxiety.com/>

**Center for Cognitive Behavior Therapy**

22 N. Pennell Rd, Media, PA

Phone: (267) 551-1984

Email: contact@centerforcbt.net

<https://www.centerforcbt.net/mediatherapists>

**Crozer Health Psychiatry - Brinton Lake**

Brinton Lake Campus

500 Evergreen Drive, Suite 14

Glen Mills PA 19342

Phone: 610-874-5257

<https://www.crozerhealth.org/locations/practices/c/crozer-health-psychiatry---brinton-lake/>

**Diane Girardot, MA, LPC, CT/RT**

325 Chestnut Street

Suite 800

Philadelphia, PA 19106

Phone: 610-357-5627

Individual, family, adolescents, eating disorders

<http://www.dianegirardot.com/home.html>

**Kelly Counseling and Consulting**

Patricia M. Kelly, Ph.D.

President, Licensed Psychologist

Glen Mills, PA

Phone: 610-358-2250

<https://www.kellycounseling.com/>

**LifeStance Health**

1055 E. Baltimore Pike, Suite 301 & 303

Media, PA 19063

Phone: 610-892-3800

<http://dcpsonline.com>

**Main Line Therapy Solutions**

600 Haverford Road, Suite G104
Haverford, PA 19041

610 – 649-6344

<http://mainlinetherapysolutions.com/>

**MG Therapeutic Services LLC**

100 W 6th St

Suite 305

Media, PA 19063

484-445-4147

fax 484-445-4149

<https://www.mg-ts.com>

**Springfield Psychological Associates**

1489 Baltimore Pike

Bldg. 200, Suite 250

(Victoria Mills office campus,
 off Wallingford Rd.)

Springfield, PA, 19064

Phone: 610-544-2110

<https://springpsych.com/>

**Thriveworks**

600 N. Jackson St.

Suite 300, Media, PA 19063

610 – 808-9923

<https://thriveworks.com/media-counseling/>

**Partial Hospitalization Resources**

**Horsham Clinic**

(Broomall location)

800-237-4447

<https://horshamclinic.com/programs-services/children/outpatient-php/>

**Mirmont Treatment Center**

100 Yearsley Mill Road

Media, PA 19063

1.888.CARE.898

**Mirmont Outpatient Center - Broomall**

600 Abbott Drive

Broomall, PA 19008

1.888.CARE.898

<https://www.mainlinehealth.org/specialties/drug-and-alcohol-treatment>

**Rockford Center**

100 Rockford Drive, Newark, DE 19713

Phone: 302-996-5480

Toll Free: 866-847-4357

<https://rockfordcenter.com/treatment-services/child-programs/child-day-treatment/>

**Rogers Behavioral Health**

1 Winding Drive, Suite 106

Philadelphia, PA 19131

(just off City Line Ave. in Philly)

Request a screening 800-767-4411

Other clinic inquiries 267-787-6600

<https://rogersbh.org/who-we-treat/children-adolescents>

**The Light Program in Exton**

Offering PHP for adolescents

Exton:

491 John Young Way #300

Exton, PA 19341

Phone: 866-887-1764

Havertown:

Falcon Center

525 West Chester Pike #205

Havertown, PA 19083

Phone: 866-887-1764

<https://thelightprogram.pyramidhealthcarepa.com/locations/pennsylvania/exton/>